



ASIAMEDIC  
Wellness Assessment Centre



# HEALTH NAVIGATOR PACKAGES

[www.asiamedic.com.sg](http://www.asiamedic.com.sg)

# HEALTH SCREENING PACKAGES

All of us have our unique health needs. Navigator health screening packages are designed to offer flexibility in the choice of blood and diagnostic tests.

	Essential Packages	Enhanced Packages	Premium Packages
<b>Age &lt; 40</b>	Navigator 1	Navigator 1+ or 2	Navigator 3
<b>Age 40 - 50</b>	Navigator 1+, 2+ or 3	Navigator 4	Navigator 5, 6 or 7
<b>Age &gt; 50</b>	Navigator 1+, 2+ or 3	Navigator 4 or 5	Navigator 6 or 7

## Navigator 1

- Caters to the young and physically fit who are looking for essential screening to calibrate their health condition before embarking on the journey of health.

## Navigator 1+

- Similar to Navigator 1, but comes with more comprehensive blood tests (that of Navigator 4).
- An excellent choice for individuals whose blood investigation is the focus.

## Navigator 2

- Designed for healthy individuals who would like to have additional diagnostic tests.
- A good entry plan for young individuals to experience multi-phasic health screening.

## Navigator 2+

- Similar to Navigator 2, but with very comprehensive blood tests.
- A very cost effective choice for a thorough health check.

## Navigator 3

- Covers the important screening tests for early detection of many diseases.
- A wise choice for individuals in their 40s and the younger individuals who are keen for a comprehensive check-up.

## Navigator 4

- With more comprehensive blood tests and more choices of diagnostic tests.
- Aims to screen for major cardio-metabolic diseases and various cancers.

## Navigator 5

- Provides in-depth screening covering most aspects of health.

## Navigator 6

- A premium plan providing comprehensive health screening. With six choices of state-of-the-art diagnostic tests (including sleep study for snoring, carotid ultrasound for stroke risk assessment, coronary calcium score for heart risk assessment, etc) and comprehensive blood tests.
- The ultimate choice for individuals who want to invest in their health.
- Designed for those who aspire to do a detailed calibration of their health condition and navigate their journey of health with peace of mind.

## Navigator 7

- Navigator 7 takes preventive screening to a different level by incorporating advanced CT and MRI imaging into health screening.
- With 7 diagnostic tests, one choice of MRI or CT scan and comprehensive blood tests, it is the ultimate choice for individuals who seek to enhance their wellness.
- MRI and CT imaging enable one to do precise evaluation of musculoskeletal, cardiovascular and neurologic health.

## NAVIGATOR 1

- Complete Medical Examination
- Personal / Family Medical History
- Height / Weight / Waist Circumference
- Body & Visceral Fat Analysis
- Body Mass Index
- Vision Acuity & Colour Vision
- 12-Lead Resting Electrocardiogram
- Urine Analysis (FEME)
- Stool Analysis (Occult Blood)
- Pap Smear (Ladies only)
- Diagnostic Imaging – Chest X-Ray
- Medical Report
- Medical Review by Doctor

**\$390**  
(inc. GST)

### ■ BLOOD AND URINE INVESTIGATIONS (WAC21)

#### CORONARY RISK / CARDIAC PROFILE

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Total / HDL Cholesterol Ratio

#### LIVER FUNCTION SCREEN

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT / ALT
- SGOT / AST
- Gamma (GGT)

#### HEPATITIS SCREEN

- Hepatitis Bs Antigen
- Hepatitis Bs Antibody

#### BONE & JOINT SCREEN

- Uric Acid
- RA Factor

#### STD PROFILE

- VDRL & Titre
- TPHA (if VDRL Reactive)

#### DIABETIC SCREEN

- Blood Glucose

#### HAEMATOLOGY

- Haemoglobin
- Total White Cells
- Total Red Cells
- Platelets
- Differential Count
- Peripheral Blood Film
- PCV, MCV, MCH, MCHC
- Blood Group
- Erythrocyte Sedimentation Rate

#### RENAL FUNCTION

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine

## NAVIGATOR 1+

- Complete Medical Examination
- Personal / Family Medical History
- Height / Weight / Waist Circumference
- Body & Visceral Fat Analysis
- Body Mass Index
- Vision Acuity & Colour Vision
- 12-Lead Resting Electrocardiogram
- Urine Analysis (FEME)
- Stool Analysis (Occult Blood)
- Pap Smear (Ladies only)
- Diagnostic Imaging – Chest X-Ray
- Medical Report
- Medical Review by Doctor

**\$490**  
(inc. GST)

### ■ BLOOD AND URINE INVESTIGATIONS (WAC210C/P)

#### CORONARY RISK / CARDIAC PROFILE

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Total / HDL Cholesterol Ratio

#### LIVER FUNCTION SCREEN

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma (GGT)

#### HEPATITIS SCREEN

- Hepatitis A (HAV) IgG Antibody
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody

#### BONE & JOINT SCREEN

- Uric Acid
- RA Factor
- Phosphate
- Calcium

#### STD PROFILE

- VDRL & Titre
- TPHA (if VDRL Reactive)

#### TUMOUR MARKERS

- Liver – (AFP)
- Colon – (CEA)
- Ovaries – (CA 125) Ladies only
- Prostate – (PSA) Men only

#### THYROID SCREEN

- Free T4
- TSH

#### DIABETIC SCREEN

- HbA1c
- Blood Glucose

#### HAEMATOLOGY

- Haemoglobin
- Total White Cells
- Total Red Cells
- Platelets
- Differential Count
- Peripheral Blood Film
- PCV, MCV, MCH, MCHC
- Blood Group
- Erythrocyte Sedimentation Rate

#### RENAL FUNCTION

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine

## NAVIGATOR 2

- Complete Medical Examination
- Personal / Family Medical History
- Height / Weight / Waist Circumference
- Body & Visceral Fat Analysis
- Body Mass Index
- Vision Acuity & Colour Vision
- 12-Lead Resting Electrocardiogram
- Urine Analysis (FEME)
- Stool Analysis (Occult Blood)
- Pap Smear (Ladies only)
- Diagnostic Imaging – Chest X-Ray
- Medical Report
- Medical Review by Doctor
- Special Test (*Choose any 1*):

**\$590**  
(Inc. GST)

- Treadmill ECG
- Breast Ultrasound (Ladies only)
- Kidneys and Bladder Ultrasound

### Advanced Laboratory Tests

- Urea Breath Test
- Essential Sexual Health Screen (Blood test/Urine/Swab)
- Allergy Test for Dust (Blood Test)
- Allergy Test for Common Food (Blood Test)

- Allergy Test for House Pets (Blood Test)
- Blood Test for Nutritional Concerns + (Add on \$50)
- Blood Test for Hormones & Reproductive Concerns + (Add on \$20)
- Semen Analysis for Fertility (Men Only) + (Add on \$50)

## ■ BLOOD AND URINE INVESTIGATIONS (WACS2)

### CORONARY RISK / CARDIAC PROFILE

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Total / HDL Cholesterol Ratio

### BONE & JOINT SCREEN

- Uric Acid

### STD PROFILE

- VDRL & Titre
- TPHA (if VDRL Reactive)

### LIVER FUNCTION SCREEN

- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma (GGT)

### TUMOUR MARKERS

- Liver – (AFP)
- Colon – (CEA)

### THYROID SCREEN

- Free T4

### HEPATITIS SCREEN

- Hepatitis Bs Antigen
- Hepatitis Bs Antibody

### DIABETIC SCREEN

- Blood Glucose

### HAEMATOLOGY

- Haemoglobin
- Total White Cells
- Total Red Cells
- Platelets
- Differential Count
- Peripheral Blood Film
- PCV, MCV, MCH, MCHC
- Blood Group
- Erythrocyte Sedimentation Rate

### RENAL FUNCTION

- Urea
- Creatinine

## NAVIGATOR 2+

- Complete Medical Examination
- Personal / Family Medical History
- Height / Weight / Waist Circumference
- Body & Visceral Fat Analysis
- Body Mass Index
- Vision Acuity & Colour Vision
- 12-Lead Resting Electrocardiogram
- Urine Analysis (FEME)
- Stool Analysis (Occult Blood)
- Pap Smear (Ladies only)
- Diagnostic Imaging - Chest X-Ray
- Medical Report
- Medical Review by Doctor
- Special Tests (*Choose any 1*):

**\$790**  
(Inc. GST)

- Liver Ultrasound (Men only)
- Prostate Ultrasound (Men Only)
- Treadmill ECG
- Oral Glucose Tolerance Test
- Breast Mammogram (Ladies only)
- Breast Ultrasound (Ladies only)
- Pelvic Ultrasound (Ladies only)
- Kidneys and Bladder Ultrasound

- Allergy Test for Dust (Blood Test)
- Allergy Test for Common Food (Blood Test)
- Allergy Test for House Pets (Blood Test)
- Blood Test for Nutritional Concerns + (Add on \$50)
- Blood Test for Hormones & Reproductive Concerns + (Add on \$20)
- Semen Analysis for Fertility (Men Only) + (Add on \$50)

### Advanced Laboratory Tests

- Urea Breath Test
- Essential Sexual Health Screen (Blood test/Urine/Swab)

## ■ BLOOD AND URINE INVESTIGATIONS ((WAC144C/P+CA19.9)

### CORONARY RISK / CARDIAC PROFILE

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Total /HDL Cholesterol Ratio
- hsCRP

### BONE & JOINT SCREEN

- Uric Acid
- RA Factor
- Phosphate
- Calcium

### STD PROFILE

- VDRL & Titre
- TPHA (if VDRL Reactive)

### LIVER FUNCTION SCREEN

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma (GGT)

### TUMOUR MARKERS

- Liver – (AFP)
- Colon – (CEA)
- Pancreas – (CA 19-9)
- Ovaries – (CA 125) Ladies only
- Prostate – (PSA) Men only

### HEPATITIS SCREEN

- Hepatitis A (HAV) IgG Antibody
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody

### THYROID SCREEN

- Free T4
- TSH

### DIABETIC SCREEN

- HbA1c
- Blood Glucose

### HAEMATOLOGY

- Haemoglobin
- Total White Cells
- Total Red Cells
- Platelets
- Differential Count
- Peripheral Blood Film
- PCV, MCV, MCH, MCHC
- Blood Group
- Erythrocyte Sedimentation Rate

### RENAL FUNCTION

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine

## NAVIGATOR 3

- Complete Medical Examination
- Personal / Family Medical History
- Height / Weight / Waist Circumference
- Body & Visceral Fat Analysis
- Body Mass Index
- Vision Acuity & Colour Vision
- 12-Lead Resting Electrocardiogram
- Urine Analysis (FEME)
- Stool Analysis (Occult Blood)
- Stool Analysis (FEME)
- Pap Smear (Ladies only)
- Diagnostic Imaging – Chest X-Ray
- Medical Report
- Medical Review by Doctor

**\$1,100**

(Inc. GST)

### ■ Special Tests (Choose any 3):

- Liver Ultrasound (Men only)
- Prostate Ultrasound (Men only)
- Oral Glucose Tolerance Test
- Kidneys and Bladder Ultrasound
- Breast Mammogram (Ladies only)
- Breast Ultrasound (Ladies only)
- Pelvic Ultrasound (Ladies only)
- Treadmill ECG
- Allergy Test for Dust (Blood Test)
- Allergy Test for Common Food (Blood Test)
- Allergy Test for House Pets (Blood Test)
- Blood Test for Nutritional Concerns + (Add on \$50)
- Blood Test for Hormones & Reproductive Concerns + (Add on \$20)
- Semen Analysis for Fertility (Men Only) + (Add on \$50)

### ■ Advanced Laboratory Tests

- Urea Breath Test
- Essential Sexual Health Screen (Blood test/Urine/Swab)

## ■ BLOOD AND URINE INVESTIGATIONS (WACS 3C1/P1)

### ■ CORONARY RISK / CARDIAC PROFILE

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Total /HDL Cholesterol Ratio

### ■ LIVER FUNCTION SCREEN

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma (GGT)

### ■ HEPATITIS SCREEN

- Hepatitis A (HAV)
- IgG Antibody
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody

### ■ BONE & JOINT SCREEN

- Uric Acid
- RA Factor

### ■ STD PROFILE

- VDRL & Titre
- TPHA (if VDRL Reactive)

### ■ TUMOUR MARKERS

- Liver – (AFP)
- Colon – (CEA)
- Ovaries – (CA 125) Ladies only
- Prostate – (PSA) Men only

### ■ THYROID SCREEN

- Free T4
- TSH

### ■ DIABETIC SCREEN

- Blood Glucose

### ■ HAEMATOLOGY

- Haemoglobin
- Total White Cells
- Total Red Cells
- Platelets
- Differential Count
- Peripheral Blood Film
- PCV, MCV, MCH, MCHC
- Blood Group
- Erythrocyte Sedimentation Rate

### ■ RENAL FUNCTION

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine

## NAVIGATOR 4

- Complete Medical Examination
- Personal / Family Medical History
- Height / Weight / Waist Circumference
- Body & Visceral Fat Analysis
- Body Mass Index
- Vision Acuity & Colour Vision
- 12-Lead Resting Electrocardiogram
- Urine Analysis (FEME)
- Stool Analysis (Occult Blood)
- Pap Smear (Ladies only)
- Diagnostic Imaging - Chest X-Ray
- Medical Report
- Medical Review by Doctor

**\$1,600**

(Inc. GST)

### ■ Special Tests (Choose any 4):

- Abdominal Ultrasound (Men only)
- Prostate Ultrasound (Men only)
- 24-Hr Blood Pressure monitoring
- Treadmill ECG
- Bone Mineral Densitometry
- Breast Mammogram (Ladies only)
- Breast Ultrasound (Ladies only)
- Pelvic Ultrasound (Ladies only)
- Oral Glucose Tolerance Test
- Allergy Test for Dust (Blood Test)
- Allergy Test for Common Food (Blood Test)
- Allergy Test for House Pets (Blood Test)
- Blood Test for Nutritional Concerns + (Add on \$50)
- Blood Test for Hormones & Reproductive Concerns + (Add on \$20)
- Semen Analysis for Fertility (Men Only) + (Add on \$50)

### ■ Advanced Laboratory Tests

- Urea Breath Test
- Essential Sexual Health Screen (Blood test/Urine/Swab)

## ■ BLOOD AND URINE INVESTIGATIONS (WAC144C/P + CA19.9)

### ■ CORONARY RISK / CARDIAC PROFILE

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Total /HDL Cholesterol Ratio
- hsCRP

### ■ LIVER FUNCTION SCREEN

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma (GGT)

### ■ HEPATITIS SCREEN

- Hepatitis A (HAV)
- IgG Antibody
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody

### ■ BONE & JOINT SCREEN

- Uric Acid
- RA Factor
- Phosphate
- Calcium

### ■ STD PROFILE

- VDRL & Titre
- TPHA (if VDRL Reactive)

### ■ TUMOUR MARKERS

- Liver – (AFP)
- Colon – (CEA)
- Pancreas – (CA 19-9)
- Ovaries – (CA 125) Ladies only
- Prostate – (PSA) Men only

### ■ THYROID SCREEN

- Free T4
- TSH

### ■ DIABETIC SCREEN

- HbA1c
- Blood Glucose

### ■ HAEMATOLOGY

- Haemoglobin
- Total White Cells
- Total Red Cells
- Platelets
- Differential Count
- Peripheral Blood Film
- PCV, MCV, MCH, MCHC
- Blood Group
- Erythrocyte Sedimentation Rate

### ■ RENAL FUNCTION

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine



## NAVIGATOR 5

- Complete Medical Examination
- Personal / Family Medical History
- Height / Weight / Waist Circumference
- Body & Visceral Fat Analysis
- Body Mass Index
- Vision Acuity & Colour Vision
- Tonometry
- 12-Lead Resting Electrocardiogram
- Urine Analysis (FEME)
- Urine Creatinine / Microalbumin Ratio
- Stool Analysis (Occult Blood)
- Stool FEME
- Pap Smear (Ladies only)
- Diagnostic Imaging - Chest X-Ray
- Medical Report
- Medical Review by Doctor
- Complimentary 2nd consult within 3 months of last Health Screening (excludes Investigations)

**\$1,990**

(Inc. GST)

### ■ Special Tests (Choose any 5):

- Abdominal Ultrasound (Men only)
- Prostate Ultrasound (Men only)
- Bone Mineral Densitometry
- Oral Glucose Tolerance Test
- Treadmill ECG
- 24-Hr Blood Pressure monitoring
- Breast Mammogram (Ladies only)
- Breast Ultrasound (Ladies only)
- Pelvic Ultrasound (Ladies only)
- Allergy Test for Dust (Blood Test)
- Allergy Test for Common Food (Blood Test)
- Allergy Test for House Pets (Blood Test)
- Blood Test for Nutritional Concerns + (Add on \$50)
- Semen Analysis for Fertility (Men Only) + (Add on \$50)

### Advanced Laboratory Tests

- Urea Breath Test
- Essential Sexual Health Screen (Blood test/Urine/Swab)

### Advanced Studies

(Takes up 2 choices)

- Low Dose CT scan Lung
- Calcium Score Screening Heart Scan

## ■ BLOOD AND URINE INVESTIGATIONS (WAC55C/P + CA15-3)

### CORONARY RISK / CARDIAC PROFILE

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Total /HDL Cholesterol Ratio
- hsCRP

### LIVER FUNCTION SCREEN

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma (GGT)

### HEPATITIS SCREEN

- Hepatitis A (HAV) IgG Antibody
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody
- Hepatitis C Antibody

### STD PROFILE

- VDRL & Titre
- TPHA (if VDRL Reactive)

### BONE & JOINT SCREEN

- Uric Acid
- RA Factor
- Phosphate
- Calcium

### TUMOUR MARKERS

- Liver – (AFP)
- Colon – (CEA)
- Nose – (EBV)
- Pancreas – (CA 19-9)
- Ovaries – (CA 125) Ladies only
- Breasts – (CA 15-3) Ladies only
- Prostate – (PSA) Men only

### HORMONAL PROFILE

- Progesterone
- FSH
- LH / ICSH
- Prolactin
- Sex Hormone Binding Globulin
- Free Androgen Index
- Estradiol (E2) – (Ladies only)
- Testosterone – (Men only)

### HAEMATOLOGY

- Haemoglobin
- Total White Cells
- Total Red Cells
- Platelets
- Differential Count
- Peripheral Blood Film
- PCV, MCV, MCH, MCHC
- Blood Group
- Erythrocyte Sedimentation Rate

### RENAL FUNCTION

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine

### THYROID SCREEN

- Free T4
- TSH

### DIABETIC SCREEN

- HbA1c
- Blood Glucose

## NAVIGATOR 6

- Complete Medical Examination
- Personal / Family Medical History
- Height / Weight / Waist Circumference
- Body & Visceral Fat Analysis
- Body Mass Index
- Vision Acuity & Colour Vision
- Tonometry
- Retinal Camera Photo
- 12-Lead Resting Electrocardiogram
- Urine Analysis (FEME)
- Urine Creatinine / Microalbumin Ratio
- Stool Analysis (Occult Blood)
- Stool FEME
- Pap Smear (Ladies only)
- Diagnostic Imaging - Chest X-Ray
- Medical Report
- Medical Review by Doctor
- Complimentary 2nd consult within 3 months of last Health Screening (excludes Investigations)

**\$2,800**

(Inc. GST)

### ■ Special Tests (Choose any 6):

- Abdominal Ultrasound (Men only)
- Prostate Ultrasound (Men only)
- Carotid Doppler Ultrasound
- Bone Mineral Densitometry
- Oral Glucose Tolerance Test
- Treadmill ECG
- 24-Hr Blood Pressure monitoring
- Breast Mammogram (Ladies only)
- Breast Ultrasound (Ladies only)
- Pelvic Ultrasound (Ladies only)
- Allergy Test for Dust (Blood Test)
- Allergy Test for Common Food (Blood Test)
- Allergy Test for House Pets (Blood Test)
- Blood Test for Nutritional Concerns + (Add on \$50)
- Semen Analysis for Fertility (Men Only) + (Add on \$50)

### Advanced Laboratory Tests

- Urea Breath Test
- Liver Fast (Blood Test)
- Essential Sexual Health Screen (Blood test/Urine/Swab)

### Advanced Studies

(Takes up 2 choices)

- Sleep Study for Apnea
- Low Dose CT scan Lung
- Calcium Score Screening Heart Scan

## ■ BLOOD AND URINE INVESTIGATIONS (WAC521C/P + CA15-3)

### CORONARY RISK / CARDIAC PROFILE

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Total /HDL Cholesterol Ratio
- hsCRP
- Apolipoprotein A1
- Apolipoprotein B

### LIVER FUNCTION SCREEN

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma (GGT)

### HEPATITIS SCREEN

- Hepatitis A (HAV) IgG Antibody
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody
- Hepatitis C Antibody

### STD PROFILE

- VDRL & Titre
- TPHA (if VDRL Reactive)

### BONE & JOINT SCREEN

- Uric Acid
- RA Factor
- Phosphate
- Calcium
- Vitamin D

### TUMOUR MARKERS

- Liver – (AFP)
- Colon – (CEA)
- Nose – (EBV)
- Pancreas – (CA 19-9)
- Breast – (CA 15-3) Ladies only
- Ovaries – (CA 125) Ladies only
- Prostate – (PSA) Men only

### THYROID SCREEN

- Free T4
- TSH

### DIABETIC SCREEN

- HbA1c
- Blood Glucose

### HORMONAL PROFILE

- Progesterone
- FSH
- LH / ICSH
- Prolactin
- Sex Hormone Binding Globulin
- Free Androgen Index
- Estradiol (E2) – Ladies only
- Testosterone – Men only

### HAEMATOLOGY

- Haemoglobin
- Total White Cells
- Total Red Cells
- Platelets
- Differential Count
- Peripheral Blood Film
- PCV, MCV, MCH, MCHC
- Blood Group
- Erythrocyte Sedimentation Rate

### RENAL FUNCTION

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine

# NAVIGATOR 7

- Complete Medical Examination
- Personal / Family Medical History
- Height / Weight/ Waist Circumference
- Body & Visceral Fat Analysis
- Body Mass Index
- Vision Acuity & Colour Vision
- Tonometry
- Retinal Camera Photo
- 12-Lead Resting Electrocardiogram
- Urine Analysis (FEME)
- Urine Creatinine / Microalbumin Ratio
- Stool Analysis (Occult Blood)
- Stool FEME
- Pap Smear (Ladies only)
- Diagnostic Imaging – Chest X-Ray
- Medical Report
- Medical Review by Doctor
- Complimentary 2nd consult within 3 months of last Health Screening (excludes Investigations)
- Special Test (*Choose any 6*):

- Abdominal Ultrasound (Men only)
- Prostate Ultrasound (Men only)
- Bone Mineral Densitometry
- Oral Glucose Tolerance Test
- Treadmill ECG
- 24-Hr Blood Pressure monitoring
- Carotid Doppler Ultrasound
- Breast Mammogram (Ladies only)
- Breast Ultrasound (Ladies only)
- Pelvic Ultrasound (Ladies only)
- Allergy Test for Dust (Blood Test)
- Allergy Test for Common Food (Blood Test)
- Allergy Test for House Pets (Blood Test)
- Semen Analysis for Fertility (Men Only) + (Add on \$50)

### Advanced Studies

- (*Takes up 2 choices*)
- Sleep Study for Apnea
  - Low Dose CT scan Lung
  - Calcium Score Screening Heart Scan

### Advanced Laboratory Tests

- Urea Breath Test
- Liver Fast (Blood Tests)
- Essential Sexual Health Screen (Blood/urine/swab)

- MRI/CT Angiogram (*Choose any 1*):
  - CT Angiogram – Coronary Arteries
  - CT Angiogram – Abdominal Aorta
  - MRI – Headache Screen
  - MRI – Stroke Screen
  - MRI – Spine (Cervical, Thoracic or Lumbar)
  - MRI – Knee
  - MRA Carotids

**\$3,900**  
(Inc. GST)

## ■ BLOOD AND URINE INVESTIGATIONS (WAC283C/P)

### CORONARY RISK / CARDIAC PROFILE

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Total /HDL Cholesterol Ratio
- hsCRP
- Lp(a)
- Apolipoprotein A1
- Apolipoprotein B
- Homocysteine

### STD PROFILE

- VDRL & Titre
- TPHA (if VDRL Reactive)

### RENAL FUNCTION

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine

### HEPATITIS SCREEN

- Hepatitis A (HAV) IgG Antibody
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody
- Hepatitis C Antibody

### LIVER FUNCTION SCREEN

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma (GGT)

### TUMOUR MARKERS

- Liver - (AFP)
- Colon – (CEA)
- Nose – (EBV)
- Pancreas – (CA 19-9)
- Breast – (CA 15-3) Ladies only
- Ovaries – (CA 125) Ladies only
- Prostate – (PSA) Men only

### HORMONAL PROFILE

- Progesterone
- FSH
- LH / ICSH
- Prolactin
- Sex Hormone Binding Globulin
- Free Androgen Index
- Estradiol (E2) – Ladies only
- Testosterone – Men only

### DIABETIC SCREEN

- HbA1c
- Blood Glucose

### BONE & JOINT SCREEN

- Uric Acid
- RA Factor
- Phosphate
- Calcium
- Vitamin D

### THYROID SCREEN

- Free T4
- TSH

### HAEMATOLOGY

- Haemoglobin
- Total White Cells
- Total Red Cells
- Platelets
- Differential Count
- Peripheral Blood Film
- PCV, MCV, MCH, MCHC
- Blood Group
- Erythrocyte Sedimentation Rate

### NUTRITION PROFILE

- Iron
- Iron Binding Capacity, Total
- % Iron Saturation
- Ferritin
- Folic Acid, Serum
- Vitamin B12

# NAVIGATOR 10

## ■ Medical Concierge

- Complete Medical Examination
- Personal/ Family Medical History
- Height/ Weight/ Waist Circumference
- Body & Visceral Fat Analysis
- Body Mass Index
- Vision Acuity & Colour Vision
- Tonometry
- Retinal Camera Photo
- 12-Lead Resting Electrocardiogram
- Urine Analysis (FEME)
- Urine Creatinine / Microalbumin Ratio
- Stool Analysis (Occult Blood)
- Stool FEME
- Pap Smear (Ladies only)
- Diagnostic Imaging - Chest X-Ray
- **Gastroscopy and Colonoscopy\*\*\***
- Medical Report
- Medical Review by Doctor
- Complimentary 2nd consult within 3 months of last Health Screening (excludes Investigations)
- Special Test (*Choose any 6*):

- Abdominal Ultrasound (Men only)
- Prostate Ultrasound (Men only)
- Bone Mineral Densitometry
- Oral Glucose Tolerance Test
- Treadmill ECG
- 24-Hr Blood Pressure monitoring
- Carotid Doppler Ultrasound
- Breast Mammogram (Ladies only)
- Breast Ultrasound (Ladies only)
- Pelvic Ultrasound (Ladies only)
- Allergy Test for Dust (Blood Test)
- Allergy Test for Common Food (Blood Test)
- Bone Mineral Densitometry
- Allergy Test for House Pets (Blood Test)
- Semen Analysis for Fertility (Men Only)

### Advanced Laboratory Tests

- Urea Breath Test
- Liver Fast (Blood Test)
- Essential Sexual Health Screen (Blood/urine/swab)

## ■ MRI/CT Angiogram (*Choose any 2*):

- CT Angiogram – Coronary Arteries
- CT Angiogram – Abdominal Aorta
- MRA Carotids
- MRI – Headache Screen
- MRI – Stroke Screen
- MRI – Knee
- MRI – Spine (Cervical, Thoracic or Lumbar)
- MRI – Dementia Screen (Takes up 2 choices)

\$S\$ 10,900

(Inc. GST)

## ■ BLOOD AND URINE INVESTIGATIONS (WAC283C/P)

### CORONARY RISK / CARDIAC PROFILE

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Total /HDL Cholesterol Ratio
- hsCRP
- Lp(a)
- Apolipoprotein A1
- Apolipoprotein B
- Homocysteine

### STD PROFILE

- VDRL & Titre
- TPHA (if VDRL Reactive)

### RENAL FUNCTION

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine

### HEPATITIS SCREEN

- Hepatitis A (HAV) IgG Antibody
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody
- Hepatitis C Antibody

### LIVER FUNCTION SCREEN

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma (GGT)

### TUMOUR MARKERS

- Liver - (AFP)
- Colon – (CEA)
- Nose – (EBV)
- Pancreas – (CA 19-9)
- Breast – (CA 15-3) Ladies only
- Ovaries – (CA 125) Ladies only
- Prostate – (PSA) Men only

### HORMONAL PROFILE

- Progesterone
- FSH
- LH / ICSH
- Prolactin
- Sex Hormone Binding Globulin
- Free Androgen Index
- Estradiol (E2) – Ladies only
- Testosterone – Men only

### DIABETIC SCREEN

- HbA1c
- Blood Glucose

### BONE & JOINT SCREEN

- Uric Acid
- RA Factor
- Phosphate
- Calcium
- Vitamin D

### THYROID SCREEN

- Free T4
- TSH

### HAEMATOLOGY

- Haemoglobin
- Total White Cells
- Total Red Cells
- Platelets
- Differential Count
- Peripheral Blood Film
- PCV, MCV, MCH, MCHC
- Blood Group
- Erythrocyte Sedimentation Rate

### NUTRITION PROFILE

- Iron
- Iron Binding Capacity, Total
- % Iron Saturation
- Ferritin
- Folic Acid, Serum
- Vitamin B12

### Package includes Colonoscopy & Gastroscopy

\*\*\*Additional procedures or treatments such as medications, tests, biopsies, and polyp removal maybe needed. This and any additional fees will be discussed with you prior.



# SEXUAL HEALTH PACKAGES

## ■ HERPES SIMPLEX VIRUS 1 AND 2 SCREENING

**SS\$79**  
(inc. GST)

- Test Analysis (HSV)  
• Herpes Simplex Virus Type 1 & 2 IgG

## ■ BLOOD SEXUAL HEALTH SCREENING

**SS\$179**  
(inc. GST)

- Blood Analysis (LSXBLOOD)  
• HIV  
• VD Syphilis  
• Hepatitis Bs Antigen  
• Hepatitis Bs Antibody  
• Hepatitis C Antibody  
• Herpes Simplex Virus Type 1 & 2 IgG

## ■ COMMON SEXUAL HEALTH SCREENING

**SS\$179**  
(inc. GST)

- Test Analysis (CGP)  
• Chlamydia & Gonorrhoea PCR

## ■ FULL URINE SEXUAL HEALTH SCREENING

**SS\$298**  
(inc. GST)

- Test Analysis (LSXURINE)  
• Chlamydia and Gonorrhoea PCR (Urine)  
• DNA Probe for Trichomonas, Gardnerella, Candida  
• Urine Culture & Sensitivity  
• Urine Feme  
• Culture C&S for Mycoplasma and Ureaplasma

## ■ FULL VAGINAL SEXUAL HEALTH SCREENING

**SS\$398**  
(inc. GST)

- Test Analysis (LSXSWAB)  
• Chlamydia and Gonorrhoea PCR (Swabs)  
• DNA Probe for Trichomonas, Gardnerella, Candida  
• Culture & Sensitivity, Swab  
• GBS Culture  
• Candida Culture  
• Culture C&S for Mycoplasma and Ureaplasma

## ■ COMPREHENSIVE SEXUAL HEALTH TESTING FOR MEN

**SS\$398**  
(inc. GST)

- Test Analysis (LSXMALE)  
• HIV  
• VD Syphilis  
• Hepatitis Bs Antigen  
• Hepatitis Bs Antibody  
• Hepatitis C Antibody  
• Herpes Simplex Virus Type 1 & 2 IgG  
• Chlamydia and Gonorrhoea PCR (Urine)  
• DNA Probe for Trichomonas, Gardnerella, Candida  
• Culture & Sensitivity (Swab)  
• Culture C&S for Mycoplasma and Ureaplasma

## ■ COMPREHENSIVE SEXUAL HEALTH TESTING FOR WOMEN

**SS\$498**  
(inc. GST)

- Test Analysis (LSXFEM)  
• HIV  
• VD Syphilis  
• Hepatitis Bs Antigen  
• Hepatitis Bs Antibody  
• Hepatitis C Antibody  
• Herpes Simplex Virus Type 1 & 2 IgG  
• Chlamydia and Gonorrhoea PCR (Swabs)  
• DNA Probe for Trichomonas, Gardnerella, Candida  
• Culture & Sensitivity (Swab)  
• GBS Culture  
• Candida Culture  
• Culture C&S for Mycoplasma and Ureaplasma

# ALLERGY TEST PACKAGES

## ■ COMMON INHALANT

**SS\$398**  
(inc. GST)

- Test Analysis (LSINHALE)  
Mites/Dust  
• D. Pteronyssinus  
• Blomia Tropicalis  
• D. Farinae  
• House Dust – Greer  
Pets/Pests  
• Cat  
• Dog  
• Cockroach, German

## ■ CEREAL, WHEAT AND EGGS

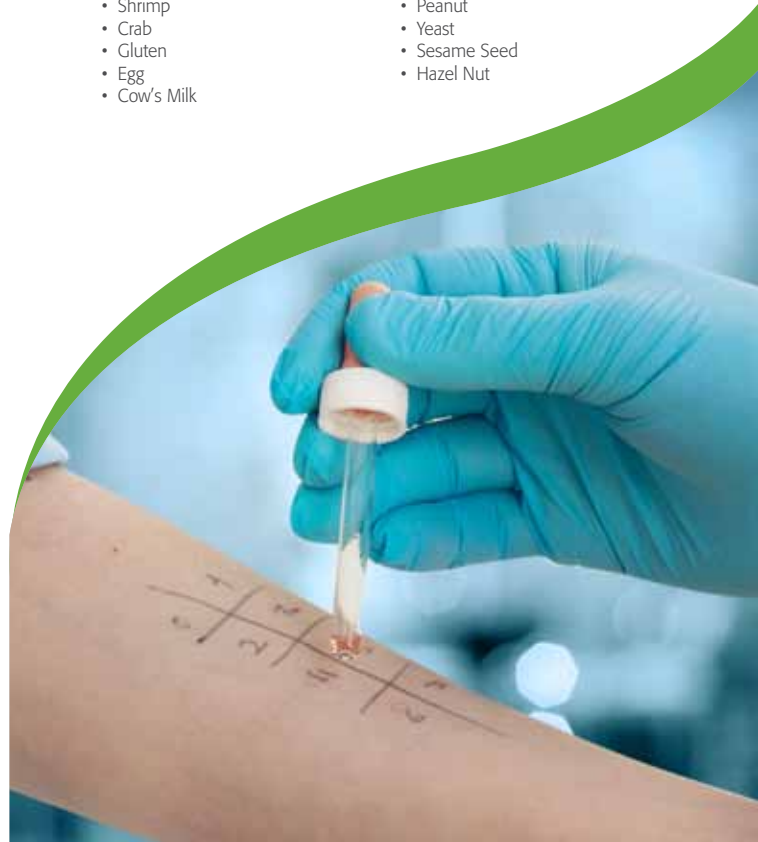
**SS\$398**  
(inc. GST)

- Test Analysis (LSCWE)  
• Wheat  
• Oat  
• Buckwheat  
• Egg Yolk  
• Egg  
• Barley  
• Rice  
• Gluten  
• Egg White  
• Cow's Milk

## ■ ALLERGY TEST FOR SENSITIVE STOMACH / GASTRO / BLOATED

**SS\$398**  
(inc. GST)

- Test Analysis (LSGASTRO)  
• Chicken  
• Shrimp  
• Crab  
• Gluten  
• Egg  
• Cow's Milk  
• Wheat  
• Peanut  
• Yeast  
• Sesame Seed  
• Hazel Nut



# LIFESTYLE HEALTH PACKAGES

## ■ Chronic Disease Screening Package

- Height, Weight Measurement
- Body & Visceral Fat Analysis & Body Mass Index
- Waist Measurement
- Waist Hip Ratio
- Blood Pressure
- Blood Analysis (LSCHRON)

### HAEMATOLOGY

- Full Blood Count

### RENAL FUNCTION

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine

### CORONARY RISK / CARDIAC PROFILE

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Total /HDL Cholesterol Ratio
- hsCRP
- Apolipoprotein A1
- Apolipoprotein B
- Apolipoprotein Ratio

## ■ Weight Loss Screening Package

- Height, Weight Measurement
- Body & Visceral Fat Analysis & Body Mass Index
- Waist Measurement
- Waist Hip Ratio
- Blood Pressure
- Dietary Advice and Plan
- Blood Analysis (LSWEIGHT)

### DIABETIC PANEL

- HbA1c

### HORMONAL PROFILE

- Estradiol (E2)
- Testosterone, Total
- Progesterone

### LIVER FUNCTION SCREEN

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST

### Urinalysis

- Urine Microalbumin/Creatinine Ratio

### DIABETIC PANEL

- HbA1c

### THYROID SCREEN

- FT4
- TSH

### Others

- Insulin
- DHEA-S
- Cortisol

SS **198**  
(inc. GST)

SS **249**  
(inc. GST)



*Your personalized  
Health Navigator*

AsiaMedic has remained committed to our promise in delivering service while adhering to our 4 core values:

- **Competence**
- **Care**
- **Convenience**
- **Collaboration**

For this reason, AsiaMedic has established ourselves as a progressive one-stop wellness and diagnostic healthcare provider catering to your healthcare needs and convenience.

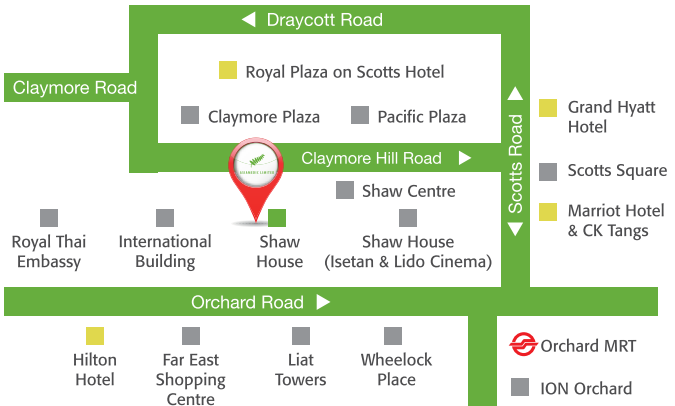
Located at the heart of Orchard Road, AsiaMedic houses up-to-date medical imaging equipment as well as a team of highly qualified clinical professionals to give you the best delivery of services in Wellness, Advanced Diagnostic Imaging and other lifestyle medical related services.

AsiaMedic offers a comprehensive range of preventive health screening plans (medical checkups) that can be customized to identify the health risk factors of patients in different age groups.

Supported by an experienced and caring team of Medical Health Navigators, we will help you manage your personal health risk profile with personalized lifestyle solutions by applying the latest evidence-based medical information and technology for optimal well-being.



ASIAMEDIC  
Wellness Assessment Centre



## AsiaMedic Wellness Assessment Centre

350 Orchard Road #08-00

Shaw House Singapore 238868

Tel (65) 6789 8888

Fax (65) 6505 6090

WhatsApp (65) 9641 5208

Medical Evacuation Hotline (65) 6737 8737

Email [wellness@asiamedic.com.sg](mailto:wellness@asiamedic.com.sg)

Website [www.asiamedic.com.sg](http://www.asiamedic.com.sg)

### Operating Hours

Monday to Friday 8.30am to 5.30pm

Saturday 8.30am to 12.30pm

Sunday & Public Holiday Closed

 Wellness Assessment Centre by AsiaMedic

*All information is correct at time of print, July 2022.*