

AsiaMedic
Wellness Assessment Centre

Longevity Package



ASIAMEDIC
Wellness Assessment Centre



Longevity Package – \$10,000 (Inc. GST)

1. Medical Concierge
2. Nutritional Evaluation and consultation
3. Food and Supplement recommendations
4. Complete Medical Examination
5. Personal/ Family Medical History
6. Height/ Weight/ Waist Circumference
7. Body & Visceral Fat Analysis
8. Body Mass Index
9. Vision Acuity & Colour Vision
10. Tonometry
11. Retinal Camera Photo
12. Audiometry
13. 12-Lead Resting Electrocardiogram
14. Urine Analysis (FEME)
15. Urine Creatinine / Microalbumin Ratio
16. Stool Analysis (Occult Blood)
17. Stool FEME
18. ThinPrep (Ladies only)
19. HPV DNA (Ladies only)
20. Medical Report
21. Medical Review by Doctor
22. Complimentary 2nd Consult within 3 months of last Health Screening (Excludes Investigations)
- 23. Special Tests:**
 - Abdominal Ultrasound
 - Treadmill ECG
 - DEXA Body Composition Analysis
 - Prostate Ultrasound (Men only)
 - Pelvic Ultrasound (Ladies only)
 - CT Low Dose Lung
 - CT Angiogram – Coronary Arteries
 - MRI - Dementia Screen (Complete)
 - Multi-Cancer Screening Detection Blood Test (Spot-Mas)



BLOOD AND URINE INVESTIGATIONS

HAEMATOLOGY

Full Blood Count
Peripheral Blood Film
Erythrocyte Sedimentation Rate
Blood Grouping

CORONARY RISK / CARDIAC PROFILE

Total Cholesterol
HDL Cholesterol
Total / HDL Cholesterol Ratio
LDL Cholesterol
Triglycerides
hsCRP
Homocysteine

RENAL FUNCTION

Urea
Creatinine
Sodium
Potassium
Chloride

HORMONAL PROFILE

Progesterone
Sex Hormone Binding Globulin
Free Androgen Index
Testosterone – Men only
Estradiol (E2) – Ladies only
FSH – Ladies only
LH / ICSH – Ladies only
Prolactin – Ladies only

BONE & JOINT SCREEN

Uric Acid
Phosphate
Rheumatoid Arthritis Factor
Calcium

LIVER FUNCTION SCREEN

Total Protein
Albumin
Globulin
A/G Ratio
Alkaline Phosphatase
Gamma (GGT)
SGPT (ALT)
SGOT (AST)
Total Bilirubin

THYROID SCREEN

Free T4
TSH
Free T3
Anti-TG

NUTRITION PROFILE

Vitamin B12
Folate
Ferritin
Iron
Iron Binding Capacity, Total
% Iron Saturation

HEPATITIS SCREEN

Hepatitis A Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hepatitis C Antibody

TUMOUR MARKERS

Liver (AFP)
Colon (CEA)
Pancreas (CA 19-9)
Nose (EBV)
Prostate (PSA) - Men only
Ovaries (CA 125) - Ladies only
Breast (CA15.3) - Ladies only

STD PROFILE

VDRL & Titre
TPHA (if VDRL Reactive)
HIV

DIABETIC SCREEN

Blood Glucose (Fasting)
HbA1c

OTHER PROFILE

Vitamin D
Helicobacter Pylori
Anti Nuclear Antibody (ANF)