

AsiaMedic
Wellness Assessment Centre

Health Navigator Packages



ASIAMEDIC
Wellness Assessment Centre



Navigator 1 - \$588 (Inc. GST)

1. Complete Medical Examination
2. Personal / Family Medical History
3. Height / Weight / Waist Circumference
4. Body & Visceral Fat Analysis
5. Body Mass Index
6. Vision Acuity & Colour Vision
7. 12-Lead Resting Electrocardiogram
8. Tonometry
9. Urine Analysis (FEME)
10. Stool Analysis (Occult Blood)
11. ThinPrep (Ladies only)
12. Diagnostic Imaging – Chest X-Ray
13. Medical Report
14. Medical Review by Doctor
15. Special Tests (Choose any 1):
 - Urea Breath Test
 - Thyroid Ultrasound
 - Kidney Ultrasound
 - Breast Ultrasound (Ladies only)

BLOOD AND URINE INVESTIGATIONS (WAC301C/P)

HAEMATOLOGY

Full Blood Count
Peripheral Blood Film
Erythrocyte Sedimentation Rate

CORONARY RISK / CARDIAC PROFILE

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Total / HDL Cholesterol Ratio
Triglycerides

RENAL FUNCTION

Urea
Creatinine
Sodium
Potassium
Chloride
eGFR

DIABETIC SCREEN

Blood Glucose (Fasting)

BONE & JOINT SCREEN

Uric Acid
Phosphate
Rheumatoid Arthritis Factor
Calcium

LIVER FUNCTION SCREEN

Total Protein
Albumin
Globulin
A/G Ratio
Alkaline Phosphatase
Gamma (GGT)
SGPT (ALT)
SGOT (AST)
Total Bilirubin

THYROID SCREEN

Free T4
TSH

HEPATITIS SCREEN

Hepatitis A Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody

TUMOUR MARKERS

Liver (AFP)
Colon (CEA)
Prostate (PSA) – Men only
Ovaries (CA125) – Ladies only

STD PROFILE

VDRL + Titre
TPHA (if VDRL is Reactive)



Navigator 2 – \$920 (Inc. GST)

1. Complete Medical Examination
2. Personal / Family Medical History
3. Height / Weight / Waist Circumference
4. Body & Visceral Fat Analysis
5. Body Mass Index
6. Vision Acuity & Colour Vision
7. 12-Lead Resting Electrocardiogram
8. Tonometry
9. Urine Analysis (FEME)
10. Stool Analysis (Occult Blood)
11. ThinPrep (Ladies only)
12. Diagnostic Imaging - Chest X-Ray
13. Medical Report
14. Medical Review by Doctor
15. Special Tests:

Group A – Choose any 1

- Urea Breath Test
- Thyroid Ultrasound
- Kidney Ultrasound
- Vitamin D (Blood test)
- Apolipoprotein A & B (Blood test)
- Breast Ultrasound (Ladies only)

Group B – Choose any 1

- Hepato-Biliary System Ultrasound
- Treadmill ECG [CT Calcium Score (Heart Scan) - **Top up \$150 Before GST**]
- Prostate Ultrasound (Men only)
- Breast Mammogram (Ladies only)
- Pelvic Ultrasound (Ladies only)

BLOOD AND URINE INVESTIGATIONS (WAC302C/P)

HAEMATOLOGY

Full Blood Count
Peripheral Blood Film
Erythrocyte Sedimentation Rate

CORONARY RISK / CARDIAC PROFILE

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Total /HDL Cholesterol Ratio
Triglycerides
hsCRP

RENAL FUNCTION

Urea
Creatinine
Sodium
Potassium
Chloride
eGFR

DIABETIC SCREEN

Blood Glucose (Fasting)
HbA1c

BONE & JOINT SCREEN

Uric Acid
Phosphate
Rheumatoid Arthritis Factor
Calcium

LIVER FUNCTION SCREEN

Total Protein
Albumin
Globulin
A/G Ratio
Alkaline Phosphatase
Gamma (GGT)
SGPT (ALT)
SGOT (AST)
Total Bilirubin

THYROID SCREEN

Free T4
TSH

HEPATITIS SCREEN

Hepatitis A Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody

TUMOUR MARKERS

Liver (AFP)
Colon (CEA)
Pancreas (CA 19-9)
Prostate (PSA) - Men only
Ovaries (CA 125) - Ladies only

STD PROFILE

VDRL & Titre
TPHA (if VDRL Reactive)



Navigator 3 – \$1,340 (Inc. GST)

1. Complete Medical Examination
2. Personal / Family Medical History
3. Height / Weight / Waist Circumference
4. Body & Visceral Fat Analysis
5. Body Mass Index
6. Vision Acuity & Colour Vision
7. 12-Lead Resting Electrocardiogram
8. Tonometry
9. Urine Analysis (FEME)
10. Stool Analysis (Occult Blood)
11. ThinPrep (Ladies only)
12. Diagnostic Imaging - Chest X-Ray
13. Medical Report
14. Medical Review by Doctor
15. Special Tests (*Choose any 3*):
 - Hepato-Biliary System Ultrasound
 - Bone Mineral Densitometry
 - Treadmill ECG
 - Urea Breath Test
 - Thyroid Ultrasound
 - DEXA Body Composition Analysis
 - Apolipoprotein A & B (Blood test)
 - Kidney and Bladder Ultrasound
 - Prostate Ultrasound (Men only)
 - Breast Mammogram (Ladies only)
 - Breast Ultrasound (Ladies only)
 - Pelvic Ultrasound (Ladies only)
 - CT Low Dose Lung – **Takes up 2 choices**
 - CT Calcium Score (Heart Scan) – **Takes up 2 choices**

BLOOD AND URINE INVESTIGATIONS (WAC303C/P)

HAEMATOLOGY

Full Blood Count
Peripheral Blood Film
Erythrocyte Sedimentation Rate

CORONARY RISK / CARDIAC PROFILE

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Total / HDL Cholesterol Ratio
Triglycerides
hsCRP

RENAL FUNCTION

Urea
Creatinine
Sodium
Potassium
Chloride
eGFR

DIABETIC SCREEN

Blood Glucose (Fasting)
HbA1c

BONE & JOINT SCREEN

Uric Acid
Phosphate
Rheumatoid Arthritis Factor
Calcium

LIVER FUNCTION SCREEN

Total Protein
Albumin
Globulin
A/G Ratio
Alkaline Phosphatase
Gamma (GGT)
SGPT (ALT)
SGOT (AST)
Total Bilirubin

THYROID SCREEN

Free T4
TSH

HEPATITIS SCREEN

Hepatitis A Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hepatitis C Antibody

TUMOUR MARKERS

Liver (AFP)
Colon (CEA)
Pancreas (CA 19-9)
Prostate (PSA) - Men only
Ovaries (CA 125) - Ladies only

STD PROFILE

VDRL & Titre
TPHA (if VDRL Reactive)

OTHER PROFILE

Vitamin D



Navigator 4 – \$1,850 (Inc. GST)

1. Complete Medical Examination
2. Personal / Family Medical History
3. Height / Weight / Waist Circumference
4. Body & Visceral Fat Analysis
5. Body Mass Index
6. Vision Acuity & Colour Vision
7. 12-Lead Resting Electrocardiogram
8. Tonometry
9. Urine Analysis (FEME)
10. Urine Creatinine / Microalbumin Ratio
11. Stool Analysis (Occult Blood)
12. ThinPrep (Ladies only)
13. Diagnostic Imaging - Chest X-Ray
14. Medical Report
15. Medical Review by Doctor
16. Special Tests (*Choose any 4*):
 - Abdominal Ultrasound
 - Bone Mineral Densitometry
 - Treadmill ECG
 - Urea Breath Test
 - Thyroid Ultrasound
 - DEXA Body Composition Analysis
 - Apolipoprotein A & B (Blood test)
 - Prostate Ultrasound (Men only)
 - Breast Mammogram (Ladies only)
 - Breast Ultrasound (Ladies only)
 - Pelvic Ultrasound (Ladies only)
 - CT Low Dose Lung – **Takes up 2 choices**
 - CT Calcium Score (Heart Scan) – **Takes up 2 choices**

BLOOD AND URINE INVESTIGATIONS (WAC304C/P)

HAEMATOLOGY

Full Blood Count
Peripheral Blood Film
Erythrocyte Sedimentation Rate

CORONARY RISK / CARDIAC PROFILE

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Total / HDL Cholesterol Ratio
Triglycerides
hsCRP

RENAL FUNCTION

Urea
Creatinine
Sodium
Potassium
Chloride
eGFR

DIABETIC SCREEN

Blood Glucose (Fasting)
HbA1c

BONE & JOINT SCREEN

Uric Acid
Phosphate
Rheumatoid Arthritis Factor
Calcium

LIVER FUNCTION SCREEN

Total Protein
Albumin
Globulin
A/G Ratio
Alkaline Phosphatase
Gamma (GGT)
SGPT (ALT)
SGOT (AST)
Total Bilirubin

THYROID SCREEN

Free T4
TSH
Free T3

NUTRITION PROFILE

Vitamin B12
Folate

HEPATITIS SCREEN

Hepatitis A Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hepatitis C Antibody

TUMOUR MARKERS

Liver (AFP)
Colon (CEA)
Pancreas (CA 19-9)
Nose (EBV)
Beta HCG
Prostate (PSA) - Men only
Ovaries (CA 125) - Ladies only
Breast (CA15.3) - Ladies only

STD PROFILE

VDRL & Titre
TPHA (if VDRL Reactive)

OTHER PROFILE

Vitamin D

HORMONAL PROFILE

Testosterone – Men only
Estradiol (E2) – Ladies only



Navigator 5 – \$2,500 (Inc. GST)

1. Complete Medical Examination
2. Personal / Family Medical History
3. Height / Weight / Waist Circumference
4. Body & Visceral Fat Analysis
5. Body Mass Index
6. Vision Acuity & Colour Vision
7. 12-Lead Resting Electrocardiogram
8. Tonometry
9. Urine Analysis (FEME)
10. Urine Creatinine / Microalbumin Ratio
11. Stool Analysis (Occult Blood)
12. Stool FEME
13. ThinPrep (Ladies only)
14. Diagnostic Imaging - Chest X-Ray
15. Medical Report
16. Medical Review by Doctor
17. Complimentary 2nd Consult within 3 months of last Health Screening (Excludes Investigations)
18. Special Tests (*Choose any 5*):
 - Abdominal Ultrasound
 - Bone Mineral Densitometry
 - Treadmill ECG
 - Urea Breath Test
 - Thyroid Ultrasound
 - DEXA Body Composition Analysis
 - Apolipoprotein A & B (Blood test)
 - Prostate Ultrasound (Men only)
 - Breast Mammogram (Ladies only)
 - Breast Ultrasound (Ladies only)
 - Pelvic Ultrasound (Ladies only)
 - CT Low Dose Lung – **Takes up 2 choices**
 - CT Calcium Score (Heart Scan) – **Takes up 2 choices**

BLOOD AND URINE INVESTIGATIONS (WAC305C/P)

HAEMATOLOGY

Full Blood Count
Peripheral Blood Film
Erythrocyte Sedimentation Rate

CORONARY RISK / CARDIAC PROFILE

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Total / HDL Cholesterol Ratio
Triglycerides
hsCRP

RENAL FUNCTION

Urea
Creatinine
Sodium
Potassium
Chloride
eGFR

DIABETIC SCREEN

Blood Glucose (Fasting)
HbA1c

BONE & JOINT SCREEN

Uric Acid
Phosphate
Rheumatoid Arthritis Factor
Calcium

LIVER FUNCTION SCREEN

Total Protein
Albumin
Globulin
A/G Ratio
Alkaline Phosphatase
Gamma (GGT)
SGPT (ALT)
SGOT (AST)
Total Bilirubin

THYROID SCREEN

Free T4
TSH
Free T3

NUTRITION PROFILE

Vitamin B12
Folate

OTHER PROFILE

Vitamin D

HEPATITIS SCREEN

Hepatitis A Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hepatitis C Antibody

TUMOUR MARKERS

Liver (AFP)
Colon (CEA)
Pancreas (CA 19-9)
Nose (EBV)
Beta HCG
Prostate (PSA) - Men only
Ovaries (CA 125) - Ladies only
Breast (CA15.3) - Ladies only

STD PROFILE

VDRL & Titre
TPHA (if VDRL Reactive)

HORMONAL PROFILE

Progesterone
FSH
LH / ICSH
Prolactin
Sex Hormone Binding Globulin
Free Androgen Index
Testosterone – Men only
Estradiol (E2) – Ladies only



Navigator 6 – \$3,270 (Inc. GST)

1. Complete Medical Examination
2. Personal / Family Medical History
3. Height / Weight / Waist Circumference
4. Body & Visceral Fat Analysis
5. Body Mass Index
6. Vision Acuity & Colour Vision
7. 12-Lead Resting Electrocardiogram
8. Tonometry
9. Retinal Camera Photo
10. Urine Analysis (FEME)
11. Urine Creatinine / Microalbumin Ratio
12. Stool Analysis (Occult Blood)
13. Stool FEME
14. ThinPrep (Ladies only)
15. Diagnostic Imaging - Chest X-Ray
16. Medical Report
17. Medical Review by Doctor
18. Complimentary 2nd Consult within 3 months of last Health Screening (Excludes Investigations)
19. *Special Tests (Choose any 6):*
 - Abdominal Ultrasound
 - Bone Mineral Densitometry
 - Treadmill ECG
 - Urea Breath Test
 - Thyroid Ultrasound
 - DEXA Body Composition Analysis
 - Carotid Doppler Ultrasound
 - Prostate Ultrasound (Men only)
 - Breast Mammogram (Ladies only)
 - Breast Ultrasound (Ladies only)
 - Pelvic Ultrasound (Ladies only)
 - CT Low Dose Lung – **Takes up 2 choices**
 - CT Calcium Score (Heart Scan) – **Takes up 2 choices**

BLOOD AND URINE INVESTIGATIONS (WAC306C/P)

HAEMATOLOGY

Full Blood Count
Peripheral Blood Film
Erythrocyte Sedimentation Rate

CORONARY RISK / CARDIAC PROFILE

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Total / HDL Cholesterol Ratio
Triglycerides
hsCRP
Apolipoprotein A1
Apolipoprotein B
Apolipoprotein Ratio

RENAL FUNCTION

Urea
Creatinine
Sodium
Potassium
Chloride
eGFR

DIABETIC SCREEN

Blood Glucose (Fasting)
HbA1c

BONE & JOINT SCREEN

Uric Acid
Phosphate
Rheumatoid Arthritis Factor
Calcium

LIVER FUNCTION SCREEN

Total Protein
Albumin
Globulin
A/G Ratio
Alkaline Phosphatase
Gamma (GGT)
SGPT (ALT)
SGOT (AST)
Total Bilirubin

THYROID SCREEN

Free T4
TSH
Free T3

NUTRITION PROFILE

Vitamin B12
Folate

OTHER PROFILE

Vitamin D

HEPATITIS SCREEN

Hepatitis A Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hepatitis C Antibody

TUMOUR MARKERS

Liver (AFP)
Colon (CEA)
Pancreas (CA 19-9)
Nose (EBV)
Beta HCG
Prostate (PSA) - Men only
Ovaries (CA 125) - Ladies only
Breast (CA15.3) - Ladies only

STD PROFILE

VDRL & Titre
TPHA (if VDRL Reactive)

HORMONAL PROFILE

Progesterone
FSH
LH / ICSH
Prolactin
Sex Hormone Binding Globulin
Free Androgen Index
Testosterone – Men only
Estradiol (E2) – Ladies only



Navigator 7 – \$4,600 (Inc. GST)

1. Complete Medical Examination
2. Personal / Family Medical History
3. Height / Weight / Waist Circumference
4. Body & Visceral Fat Analysis
5. Body Mass Index
6. Vision Acuity & Colour Vision
7. 12-Lead Resting Electrocardiogram
8. Tonometry
9. Retinal Camera Photo
10. Urine Analysis (FEME)
11. Urine Creatinine / Microalbumin Ratio
12. Stool Analysis (Occult Blood)
13. Stool FEME
14. ThinPrep (Ladies only)
15. Diagnostic Imaging - Chest X-Ray
16. Medical Report
17. Medical Review by Doctor
18. Complimentary 2nd Consult within 3 months of last Health Screening (Excludes Investigations)
19. Special Tests (*Choose any 6*):
 - Abdominal Ultrasound
 - Bone Mineral Densitometry
 - Treadmill ECG
 - Urea Breath Test
 - Thyroid Ultrasound
 - DEXA Body Composition Analysis
 - Carotid Doppler Ultrasound
 - Prostate Ultrasound (Men only)
 - Breast Mammogram (Ladies only)
 - Breast Ultrasound (Ladies only)
 - Pelvic Ultrasound (Ladies only)
 - CT Low Dose Lung – **Takes up 2 choices**
 - CT Calcium Score (Heart Scan) – **Takes up 2 choices**
20. MRI/CT Angiogram (*Choose any 1*):
 - CT Angiogram – Coronary Arteries
 - CT Angiogram – Abdominal Aorta
 - MRA Carotids
 - MRI – Headache Screen
 - MRI – Stroke Screen
 - MRI – Spine (Cervical, Thoracic or Lumbar)
 - MRI – Knee



BLOOD AND URINE INVESTIGATIONS (WAC307C/P)

HAEMATOLOGY

Full Blood Count
Peripheral Blood Film
Erythrocyte Sedimentation Rate

CORONARY RISK / CARDIAC PROFILE

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Total /HDL Cholesterol Ratio
Triglycerides
hsCRP
Apolipoprotein A1
Apolipoprotein B
Apolipoprotein Ratio
Lp(a)
Homocysteine

RENAL FUNCTION

Urea
Creatinine
Sodium
Potassium
Chloride
eGFR

DIABETIC SCREEN

Blood Glucose (Fasting)
HbA1c

BONE & JOINT SCREEN

Uric Acid
Phosphate
Rheumatoid Arthritis Factor
Calcium

LIVER FUNCTION SCREEN

Total Protein
Albumin
Globulin
A/G Ratio
Alkaline Phosphatase
Gamma (GGT)
SGPT (ALT)
SGOT (AST)
Total Bilirubin

THYROID SCREEN

Free T4
TSH
Free T3

NUTRITION PROFILE

Vitamin B12
Folate
Ferritin
Iron
Iron Binding Capacity, Total
% Iron Saturation

OTHER PROFILE

Vitamin D

HEPATITIS SCREEN

Hepatitis A Antibody
Hepatitis Bs Antigen
Hepatitis Bs Antibody
Hepatitis C Antibody

TUMOUR MARKERS

Liver (AFP)
Colon (CEA)
Pancreas (CA 19-9)
Nose (EBV)
Beta HCG
Prostate (PSA) - Men only
Ovaries (CA 125) - Ladies only
Breast (CA15.3) - Ladies only

STD PROFILE

VDRL & Titre
TPHA (if VDRL Reactive)

HORMONAL PROFILE

Progesterone
FSH
LH / ICSH
Prolactin
Sex Hormone Binding Globulin
Free Androgen Index
Testosterone – Men only
Estradiol (E2) – Ladies only